

## PE & Problem Solving

Experience a range of opportunities to extend their agility, balance and coordination, individually and with others. Engage in competitive (both against self and against others) co-operative physical activities, in a range of increasingly challenging situations.

- Balance & agility equipment
- Team games (defence & attack)
- Strategy team games
- Tree climbing

Use cooperation & communication skills to solve physical puzzles & group challenges.

## Den, Shelter & Ladder Building KS1 & Y5/6

Working in groups using a range of natural & man made resources.

Select an appropriate place to build a shelter & think carefully about the shelter requirements, size & seating.

Using the newly acquired skills that will be taught in the first few sessions, select enough appropriately sized wood to build a ladder strong enough for a team member to climb. Join the wood using Clove Hitch and Square Lashing knots.

## Forest School & Outdoor Learning

EYFS, KS1, Y5, Y6  
Summer Term 2018  
'Beneath Our Feet'

## Health & Safety

Be aware of your own & others' safety when outside.

Knowing the importance of staying warm. Being able to find or create a place of shelter.

Understand the need for & carry out personal risk-assessments.

Remember to care for the environment used & where possible, 'Leave No Trace'.

## Music - Singing (KS1)

Learning & singing folk type songs to sing as a group or in a round. Children to be encouraged to take the lead for some echo songs & chants.

## Art

Use soil, clay and plant material to make paints of different colours. Paint pictures on paper, wood slices & pebbles.

## Using Woodland Tools & Ropes

Under close supervision learn to safely handle a variety of woodland tools:

- Peelers
- Hand Drills
- \* Secateurs
- \* Braddles
- \* Bow Saws
- \* Forest Knives (KS2 only)

Understand what each tool can be used for & select the most appropriate tool accordingly.

Learn about and Demonstrate the correct ways to protect yourself and others from harm:- handle, carry, use, care for & store the woodland tools available.

Use the tools to make a variety of items from wood, both directed and self-directed.

Learn to tie Clove Hitch & Square Lashing knots for ladder construction purposes.

## Fire Lighting & Camp Fire Cooking (Y5/6 only)

Understand the basic rules for sighting & lighting a small controlled outdoor fire.

Follow safety procedures. Gather, collect & organise suitable fire wood. Using a fire steel, light, feed & sustain a small fire for long enough to cook a food item (marshmallow, popcorn, bread)

Demonstrate how to extinguish the fire responsibly & how to leave the fire site.

## Science

- Plants, Trees, Animals & Mini-beasts in the local environment. Identifying which can be found in the Forest School areas and sorting/categorising using different methods. Especially those that live underground.
- Look at plant and tree roots, determine their function and size compared to the plant or tree.
- Noticing the seasonal changes that happen around us the Forest School areas.
- Fire Triangle- what does a fire need to exist & be sustained?