

Castleton&Glaisdale Federation

Food and Drink Policy March 2015

Aim

To ensure safe and appropriate preparation of food and drink

Procedures

- **Staff**

Staff are kept up to date with the latest guidelines about what constitutes good practice by information from the Headteacher and staff training. All current regulations regarding the storage, preparation and disposal of food are met.

Training is identified according to need. All staff requiring food hygiene training will receive this. Staff model good practice at all times regarding health and hygiene.

Parents are consulted regarding snacks brought onto the premises by their children. They are aware of our aim to promote healthy eating.

Individual needs are understood and respected. Discussion with parents takes place regularly to ensure individuals are adequately provided for. A note is made of their needs and communicated between staff.

Appropriate record keeping systems are in place to record information such as allergies. These records are reviewed and updated as required.

Liaison with other professionals is as required. For example, if a child is ill, advice will be sought from the local GP.

- **Parents and Children**

Parents and children are consulted about food choices and records are kept on file in the register/individual records in the office. In this way, food and drink reflects cultural, religious and medical needs when required.

Food and Drinks

Both children and adults have constant access to drinking water.

Food and drink is chosen to suit particular age groups by checking labels for sugar/salt content and following parental advice

References to other relevant policies: Health and Safety, Equal Opportunities, Special Educational Needs.

Review March 2018